

teen Soulutions

A Path of Change and Unity for your Family

As parents, professionals and adult graduates of the Programs we all advocate, we at Teen Soulutions are dedicated to assisting you resolve the issues that your teen and your family face at this time. Teen Soulutions, LLC does not control, manage, nor direct any of the Schools or Programs, but is contracted to provide admissions services for them.

Teen Soulutions recommends these select schools because we know personally that they work. We have found these schools truly work in creating family unity, healing and restoring traditional family values. In fact, there are many companies who represent the same schools because they are so effective with amazing family results; we just happen to have a personal stake in what we do. Each Teen Soulutions' staff member has gone through enrolling their son, daughter or sibling or has been enrolled themselves into one of our schools. Our personal experience of our schools makes it possible for us to work with you on another level, because we fully understand what your family is going through and know that our schools can help.

The Programs and Specialty boarding Schools that we contract with are designed for students who are struggling in their home, school, or community. These Schools and Programs are independently owned and operated. Each of them provide different types and levels of services, but they all utilize **Premier Educational Systems**. **Premier** provides Academic Curriculum as well as highly effective Character Building and Family Relationship Courses that benefit the students and their families.

PREMIER EDUCATIONAL SYSTEMS

Premier Educational Systems, LLC is a company that contracts with each of the Schools and Programs to provide the following services:

SEMINARS & WORKSHOPS

Premier provides a series of highly effective "educational seminars and workshops" specifically designed to teach character building. During these Seminars, teens learn about key character-building qualities such as: Accountability, honesty, integrity, trust, proper choices, responsibility, and self-esteem. While the student is completing his or her series of seminars, the parents are invited to attend Parent Seminars and Parent Support Meetings held in many locations throughout the United States. The highlight of the Premier Seminars is when parents and students are invited to attend three effective Parent/Child Workshops. These are designed to assist each family in improving communications and strengthening relationships.

DAILY CHARACTER BUILDING COURSES

Premier provides daily course outlines for Character-Building and Personal Development. These Course Outlines utilize many of the best available resources such as: professional audio and videotapes, selective reading material, and progress review sessions. These Courses are very effective in helping students gain new insight, motivation and direction on a day-to-day basis.

ACADEMIC CURRICULUM

Premier provides each School and Program with a progressive academic curriculum, which is individualized, and competency based. This allows students to work at their own pace, and maximize the learning process. Others do not hold students back in the class, lesson plans, teachers' schedules, course offerings, or class availability. The students in some cases may complete courses on an accelerated basis, helping those who are behind. Many of the courses are provided on computers using state of the art curriculum that includes interactive features, graphs, illustrations and other multimedia teaching. All courses are performance based: students only receive credits when it is demonstrated that the subject matter has been mastered. Junior High and High School courses are offered.

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Frequently Asked Questions

What kind of teens attend these schools? Teens just like yours with family values in place, from homes like yours. You love your child but there seems to be no love returned anymore, your child is not adhering to rules and authority. Your child may be angry, explosive, confrontational and argumentative. This once loving child has turned into someone you do not know, nothing is working and your lives are out of control. They are GOOD kids, making BAD decisions. Sound familiar? There are no accidents -- you have come to the right place.

How do I know if my teen really needs this?

Most parents considering our programs ask this question. Here are a few resources that we have put together to assist you in assessing your child's risk and behavior:

<http://ssl.teensolutions.com/dl/pi/difficult.pdf>

<http://ssl.teensolutions.com/dl/pi/drug.pdf>

What if my child learns more bad behaviors?



There is very little down time initially or other until upper phases to be alone to share negative information; there is no time to tell war stories. Besides, after your child's first seminar, the

desire is to be honest and of integrity. The need for sharing yesterday's news is a non issue. They learn to make a new working choice every day.

What form of substance abuse counseling do you use, NA/AA?

Yes. Understanding what is the driving force behind your teen's poor choices is what many parents do not get. When a teen has emotional issues, they resort to substance use, alcohol, sex or all the above and then some. These are emotional outlets. Once the inside issues are addressed, the substance abuse workshops will augment all components of their Program.

What part do parents participate in within your programs?

Parents are a vital link in the process of healing the family. The triangulation (mom, dad and your teen) is expansive into the issues, therefore are part of the Soulution. You will develop a close relationship with your School and your Family Representative at the School. Your seminar component will allow you to have a common thread of

continuity and your family will then come from a standpoint of alliance. We feel comfortable in prognosticating your family's success if you do your part.

Can a teen get kicked out?

Yes, in extreme cases and usually if they are not a match for any of our Schools or for continual endangerment to themselves or others. In other cases if you as parents not supporting the Program, then sometimes alternative placement is recommended.



How long will it be before a teen is allowed to speak with or see their parents?

Typically a teen may speak with their parents at phase three which could be anywhere from three months on. It is usually the same for seeing the parent. The Program is results based, however, three months is probably the average time for either.

Are home visits allowed? Usually when the teen reaches phase five. In some cases, parents may visit the child at phase four (depending on school). A parent/child seminar is attended by you at phase three so seeing your child is not that far off.

How many students in a dorm room? The Schools vary. Some are four in a room (bunk beds). Some dorm situations are set up like military barracks where eight to fourteen share one extremely large barrack style room comfortably. Separate bathrooms and shower stalls.

What if my child will not go willingly? Ninety plus percent of our students do not go willingly. Therefore, professional teen escorts will transport teens to the Programs (the escorts have their own fee structure).

Are you a religious-based program? No. However, the Schools will incorporate into the student's curriculum the faith component of their choice. It is written into their curriculum based on desired studies requested. The Educational Director at the School will work with you, the parent, directly.

Have background checks been done on all staff members at the schools? Yes, continuously.



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What kinds of activities, extracurricular or other, are available to the students? Sports such as hockey, track and field, basketball, snowboarding, downhill skiing, hiking, fishing, white water rafting and equine studies are encouraged to allow students to develop their natural talents. Some of the students have a specific experientially-based curriculum focusing on real world issues and activities that gives students a hands on approach to learning. Some students focus on thematic units and course work that incorporate music, dance, performing arts and fine arts.



What kind of discipline is used? A time out room or intervention room, lost privileges, very reflective essays written by the students. The essays the students write help them to emotionalize their issues and the displaced anger, etc. (we call it peeling the onion).

Are the schools closed facilities or open campuses? Both, all the Schools have 24-hour supervision with staff.

Do girls and boys ever interact during the course of a day? No, the Schools have totally separate dorm setups, separate meal times, separate classroom setup and physical fitness times. The students are together in the seminars purposely. These are times when the students are highly focused on unlocking their own potential and opening the door to the reality of THEIR LIVES, seeing where they are, where they want to go and how they are going to get there. The seminars are highly supervised.

What is the staff to student ratio? It varies. In some cases one to eight, some one to four. In some instances it may be higher, depending on the nature of what they are doing or what the objective is.

How is incoming mail controlled and how are phone calls handled? All communication is restricted and controlled. Mail goes through parents before it is allowed to come to the student. Phone calls are an earned privilege.

What is the procedure for runaways? Seldom does this occur. The tightly held supervision prior to

the teen's first seminar, (one on one staff member with the student at all times) does not give the student an opportunity to run. We liken it to a friendly Casper the ghost mentor type staff member to support them through this very tough time. Usually, the desire to want to run dissipates after the student has completed their first seminar (the seminar speaks volume as to who they really are as opposed to who they are purporting to be. Should a student run, the schools have in place provisions for track and rescue. Parents are contacted immediately and local police as well.

Are the schools accredited? Yes. Most of the Schools are fully accredited college preparatory. Diplomas are received as the students march at graduation ceremony in cap and gown. Students can also take the SAT and ACT tests.



Is tutoring available? As needed with a peer tutor or private tutor (parent pays).

Do you take students with criminal records? Do you take teens that are self mutilating? Do you take teens with eating disorders? We handle these situations on a case by case basis. We have particular schools are more appropriate for teens with these issues, and schools designed for teens that have not gotten to that point. A thorough intake is done here at Teen Soulutions with parents to understand issues surrounding these issues, etc.

Do you take teens on medications? Yes. Of the teens that come to our programs on medication, the majority of the teens go home without medication. Although our Schools are not proponents of medication, the teens find their own coping mechanisms and deal quite effectively with their issues, usually asking to come off meds. The Schools will not take a student off meds without approval from you, the parents, and your doctor.

Are there doctors and nurses on staff? Both doctor and nurse are contracted from the community. However, some of our Schools will have nurses on staff, a doctor who is regularly scheduled to come. Therapists and psychologists are on and off site, depending on the School.



Survey Results

This survey was mailed out to all families who completed one of our programs between January 1, 2002 through June 30, 2003.

Of the families who received the survey, 98% chose to respond.

PARENT SATISFACTION – SURVEY 2003

1. Do you feel you made a good choice enrolling your child in the program?

Yes: 98.7 %

No: 1.3 %

2. Would you recommend the program to other parents?

Yes: 96.5

No: 3.5 %

3. How would you rate your seminar experience?

Excellent: 74.9 %

Good: 20.3 %

Marginal: 3.9 %

Poor: .45 %

4. Since leaving the program, how would you rate your child's progress?

Excellent: 51.5 %

Good: 32.5 %

Marginal: 10.35 %

Poor: 5.2 %

HIGH SCHOOL GRADUATES - SURVEY 2002

August: 37 graduates. 37 went on to college: 1 to university, and 1 with scholarship.

October: 24 graduates. 23 went on to college, and 1 to the Armed Forces.

December: 45 graduates. 44 went on to college, and 1 to the Armed Forces.

106 graduates, **98.1 %** go on to college.



Ten Easy Enrollment Steps

- 1) Complete intake over the phone with me, if you have not already done so, or by filling out the questions below. (Questions about behaviors, attitude, situation at home, etc). I then present that to the schools for their review and acceptance.
 - Any suicidal issues?
 - Any physical or verbal aggression?
 - Any previous or current Hospitalizations?
 - Run away issues?
 - Legal issues?
 - Any diagnoses at all?
 - Any medications?
 - What are family dynamics?
 - What is child's date of birth?
 - Weight? Height? What grade level in school?
 - Any other concerns that you have?

ONCE ACCEPTED

- 2) Commit to date for admission (**the longer you wait the more you leave to chance that the problem will escalate**).
- 3) Decide on travel plans (Family taking child all the way, meeting an escort at the airport, or having an Escort Company come to your home.) I recommend that you explore transport companies because they are professionals and get your child there quickly and safely, as well as detaching you from the emotional trauma of having to do it yourself. I have references of several EXPERIENCED, LICENSED and CARING escorts that you can use. You choose whom you are most comfortable with.
- 4) Decide how payment will be made. Options are:
 - a. Personal or Cashiers check
 - b. Credit card
 - c. Education loan.
- 5) UNIFORM PROCEDURE: See last two pages of enrollment agreement for specific instructions on uniforms. If obtaining a loan, please indicate if you need that cost to come from the loan, or will be paying privately.
- 6) Fill out Teen Solutions Enrollment Agreement – make sure you complete the checklist on page 1. **The original contract must go with your child whether going with escort or with you.**
- 7) Gather needed documents:
 - a. SS Card (or number)
 - b. Birth Certificate (copy unless going outside country)
 - c. Insurance Card (copy)
 - d. Divorce Decree (copy)
 - e. Death Certificate (copy)
 - f. Transcripts & Immunization records (can be sent in at a later date)
- 8) Send a copy of the enrollment agreement to our office by mail or fax. I also need the check or a credit card number. If you are paying solely with the loan, then I need to verify the lender has received the paperwork from you.
- 9) DON'T FRET, JUST TAKE A DEEP BREATH. Gather and pack all necessary items on the TO BRING LIST (see me).
- 10) Keep me informed of your progress, and call me at **800-429-6099** anytime with questions or concerns.